



The Education Centre

Training courses and seminars are held at the Education Centre in our purpose built facility in Chelsea which is available for meetings and presentations.

The Education Centre is bright and airy with floor to ceiling windows. It overlooks the rooftops of Chelsea and has access to a balcony to be enjoyed during well earned breaks.



DRAYCOTT EDUCATION CENTRE



DRAYCOTT NURSING

The Professionals in Nursing and Care

Bringing excellence in training
to the nursing & care profession

0207 351 5953

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www.draycotteducation.co.uk



DRAYCOTT NURSING & CARE

TRAINING PROGRAMME 2012

0207 351 5953

enquiries@draycotteducation.co.uk



Training cost

Full Day **£70**
Half Day **£40**

Training is held at the Draycott Education Centre in Chelsea SW3 6NJ

If you would like to book a place on any of our training courses or for further information please contact:

Francesca Cook
0207 351 5953
francescacook@draycottonursing.co.uk

Reminders and confirmations for each event will be sent out by e-mail.

Course	Date	Time	Topic
Nutrition & Cooking	20 & 21 Feb	09.30-16.30	Using food to improve the health and wellbeing of your client and yourself. The first day will allow you to assess aspects of a healthy diet and consider possible solutions to improve wellness. The 2nd day will be a hands on cooking demo showing you how to prepare quick, easy and nutritious meals.
Legislation Update	22 Feb	09.30-12.30	The session is intended to provide an update on changes in legislation & regulations which affect care-workers.
Food Hygiene	22 Feb	13.30-16.30	Food poisoning is a liability and can cause great illness and even death. This is a mandatory skill for all nurses and carers.
Medicine Admin and practice	23 Feb	09.30-16.30	This course will give you the knowledge and skills to manage the medication process within policy guidelines. A problem solving approach will be used to help apply what you have learned.
Introduction to Dementia	24 Feb	9.30-16.30	Raising awareness of the differences between normal ageing and dementia. The course explores person centred approaches towards meeting the needs of people with dementia and their carers.
Drug & Alcohol abuse in elderly	14 May	09.30-16.30	Substance misuse in older people is a growing public health problem including alcohol, cigarettes, prescribed medications, over the counter medication, all of which impact on mental health.
Falls in the elderly	15 May	09.30-16.30	The course examines the various reasons why older people are at increased risk of falling. It looks at the physical, psychological, environmental and social factors as well as the effects of drugs and medications. It examines the way in which the carer can help to minimise the risk of falls.
End of life care (inc palliative, care of dying and family)	16 May	09.30-16.30	Every person has the right to die with dignity. Palliative care should be underpinned by clear ethical thinking and excellence in practice. This day looks at the current guidelines and asks the sometimes difficult questions relating to end of life choices.
Pressure Area care	17 May	09.30-12.30	This course teaches you how to maintain skin integrity by reducing risk factors. Trainees will learn how to use risk assessment to prevent pressure ulcers and to encourage client well being. Essential skills and knowledge for all carers and nurses.
Massage Therapy	17 May	13.30-15.30	The healing power of touch. This enjoyable and relaxing workshop will provide you with skills to provide relaxing hand and foot massages for your clients.
Entereal Feeding Update	18 May	10.30-16.30	Alternative methods of providing nutrition—skills every carer should have
Life Stories	12 July	09.30-16.30	The telling of personal stories can be a very positive and valuable experience as can the recording of memories be fun and creative. This course introduces you to life history work, exploring ways to help individuals (including those with dementia) share their memories.



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Depression in the elderly	22 Oct	09.30-16.30	The most commonly experienced mental health problem among older people is depression. The course aims to explore the causes, prevention and various treatments relating to depressive illness in older people.
Medication administration & practice	23 Oct	09.30-16.30	This course will give you the knowledge and skills to manage the medication process within policy guidelines. A problem solving approach will be used to help apply what you have learned.
Clinical Skills	24 Oct	09.30-12.30	This course gives you the opportunity to learn and practice a select number of clinical procedures. Giving you skills to enhance your repertoire -a list of skills will be sent out to you.
Self Defence	24 Oct	13.30-16.30	This is a fun and hands on afternoon arming you with skills you may need to handle yourself in difficult situations. Skills include recognising warning signs, diffusing tense situations and how to safely walk away from difficult or potentially threatening situations.
First Aid Update	25 Oct	09.30-12.30	Facilitate readiness to act at any time appropriately. Refresh your knowledge & skills. (This is not basic life support).
Food Hygiene	25 Oct	13.30-16.30	Food poisoning is a liability and can cause great illness and even death. This is a mandatory skill for all nurses and carers.
Wound Management	26 Oct	09.30-16.30	Develop and update your wound assessment and management skills. You will learn invaluable skills for you and your client
Managing Challenging Behaviour	26 Nov	09.30-16.30	This course will focus on successful communication skills and strategies to cope with those with challenging behaviour.
Food Hygiene	27 Nov	09.30-12.30	Food poisoning is a liability and can cause great illness and even death. This is a mandatory skill for all nurses and carers.
Mindfulness	27 Nov	13.30-16.30	Help care for yourself as well as those you care for. Learn about the benefits of practicing mindfulness in everyday life. This workshop will teach you meditation-based awareness exercises for achieving a calmer, happier and more focused state of mind - wherever you are.
Nutrition & Cooking	28&29 Nov	09.30-16.30	Using food to improve the health and wellbeing of your client and yourself. The 1st day will allow you to assess aspects of a healthy diet and consider possible solutions to improve wellness. The 2nd day will be a hands on cooking demo showing you how to prepare quick, easy and nutritious meals.
Introduction to Dementia	30 Nov	09.30-16.30	Raising awareness of the difference between normal ageing and dementia. This course explores person centred approaches towards meeting the needs of people with dementia and their carers.