



Draycott Nursing, founded by Angela Hamlin in 1996, is recognised as the innovative market leader in nursing, domiciliary, social and personal care. Our own state registered nurses and experienced carers are trained to meet the very highest professional and personal standards, combining discretion, understanding and integrity.



DRAYCOTT NURSING
The Professionals in Nursing and Care

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Office Opening Hours

Monday to Friday 9.00am-5.30pm

24 hour service



DRAYCOTT NURSING
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RELATIVES LIFELINE



0207 351 7171
Always there to Care

RELATIVES LIFELINE

Session
<p>Introduction by Miss Angela Hamlin</p> <ul style="list-style-type: none"> Welcome and purpose of the Programme
<p>Dementia—The Journey</p> <p>Guest Speaker TBC</p> <ul style="list-style-type: none"> Explaining the physical aspects, difficulties and problems Reaching the person with dementia, Importance of respite care for the carer
<p>Stimulation Options—Guest speaker TBC</p> <p>Ms Sharron Robertson & Ms Ngarita King</p> <ul style="list-style-type: none"> Session will cover: Memory box/books, Mind dice, Music Therapy and other alternatives
<p>Help with Finance/Legal tips</p> <p>Guest speakers TBC</p> <ul style="list-style-type: none"> Funding the cost of care fees in a tax efficient way Managing the affairs of a loved one
<p>Nourishment/Food & Fluids</p> <p>Ms Caroline Milwright, Ms Sharron Robertson & Ms Ngarita King</p> <ul style="list-style-type: none"> Help and advice on improving wellbeing through nutrition Equipment—what's available/where/how to get it, useful contacts
<p>Moving and handling issues</p> <p>Speaker Ms Sharron Robertson</p> <ul style="list-style-type: none"> Safety issues and practical tips <p>Safety in the house Ms Ngarita King</p> <ul style="list-style-type: none"> Safety enhancers, Emergency measures, First Aid, Infection Control
<p>Looking after the carer</p> <p>Speaker TBC</p> <ul style="list-style-type: none"> Coping with depression and loneliness Dealing with grief Communicating with family, friends and professionals Planning for the future
<p>Strategies for Coping</p> <p>Speaker TBC</p> <ul style="list-style-type: none"> Relaxation and stress management, dealing with tiredness, exercise and healthy eating

Sessions will be held from 2.30pm to 4.30pm

Have you inadvertently become somebody's full time carer?

Do you feel lacking in knowledge of 'caring' or 'how to care'?

Do you feel lonely or isolated?

Do you know there must be help but unsure how to source this?

If you answer yes to any of the above questions, please be assured "Relatives Lifeline" is there to help.

We are offering a service of free talks and demonstrations over a cup of tea. You may attend one or two sessions or the whole eight. Each session will start with a talk or demonstration followed with questions and answers over tea.

Relatives Lifeline is free of charge.

To book your place please telephone 020 7351 7171



Draycott Nursing prides itself on being the most forward-thinking, discreet and professional service provider in the nursing and care industry.



Draycott Nursing is unique in employing a Clinical Nurse Manager/Tutor to continually assess performance and training to ensure the highest standards of practice.



Please telephone Draycott Nursing for a list of course dates 020 7351 7171



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